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PTO/SB/21 (08-00)

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<b>TRANSMITTAL FORM</b> (to be used for all correspondence after initial filing)	<b>Application Number</b>	10/688,251	
	<b>Filing Date</b>	10/17/2003	
	<b>First Named Inventor</b>	Robert Kissel	
	<b>Group Art Unit</b>	3764	
	<b>Examiner Name</b>	TBD	
<b>Total Number of Pages in This Submission</b>	9	<b>Attorney Docket No.</b>	74445/002

**ENCLOSURES (check all that apply)**

<input type="checkbox"/> Charge Deposit Account -08-3460 <input type="checkbox"/> Fee Attached <input type="checkbox"/> Amendment / Reply <input type="checkbox"/> Affidavits/declarations(s) <input type="checkbox"/> Extension of Time Request <input type="checkbox"/> Express Abandonment Request <input type="checkbox"/> Information Disclosure Statement <input type="checkbox"/> Certified Copy of Priority Document(s) <input type="checkbox"/> Response to Missing Parts Incomplete Application <input type="checkbox"/> Response to Missing Parts under 37 CFR 1.52 or 1.53 <input type="checkbox"/> Petition For Revival of an Application for Patent Abandoned Unintentionally Under 37 CFR 1.137(b))	<input type="checkbox"/> Assignment Papers (for an Application) <input checked="" type="checkbox"/> Formal Drawing(s) (6 sheets) <input type="checkbox"/> Licensing-related Papers <input type="checkbox"/> Petition <input type="checkbox"/> Petition to Convert to a Provisional Application <input type="checkbox"/> Power of Attorney, Revocation Change of Correspondence Address <input type="checkbox"/> Terminal Disclaimer <input type="checkbox"/> Request for Refund <input type="checkbox"/> CD, Number of CD(s) _____	<input type="checkbox"/> After Allowance Communication to Group <input type="checkbox"/> Appeal Communication to Board of Appeals and Interferences <input type="checkbox"/> Appeal Communication to Group (Appeal Notice, Brief, Reply Brief) <input type="checkbox"/> Proprietary Information <input type="checkbox"/> Status Letter <input type="checkbox"/> Request To Rescind Previous Nonpublication Request <input type="checkbox"/> Response to Notice of Allowability <input type="checkbox"/> Other Enclosure(s) (please identify below):
<b>Remarks:</b> <input checked="" type="checkbox"/> Commissioner is hereby authorized to charge fees in this application and any fees which may be required, or any overpayment, to Deposit Account 08-3460. I have enclosed a duplicate copy of this sheet <input type="checkbox"/> Amount: \$		

**SIGNATURE OF APPLICANT, ATTORNEY, OR AGENT**

<b>Firm or Individual Name</b>	Rebecca J. Brandau
<b>Signature</b>	
<b>Date</b>	October 11, 2004

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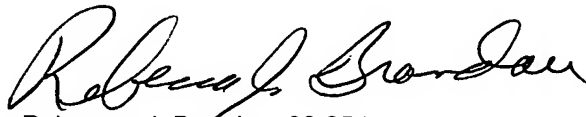
Docket No.

74445/002

Applicant(s): Robert Kissel

Serial No.  
10/688,251Filing Date  
10/17/2003Examiner  
TBDGroup Art  
3764Title:  
EXERCISE RESISTANCETO THE COMMISSIONER OF PATENTS AND TRADEMARKS

Transmitted herewith is:  
Transmittal Form  
Letter Submitting Substitute Formal Drawings  
Formal Drawings (6 sheets)  
Return Receipt Postcard



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P16B/REV01



In the United States Patent and Trademark Office

In the application of: Robert Kissel ) Examiner: TBD  
)  
)  
Application No.: 10/688,251 ) Group Art Unit: 3764  
)  
Filing Date: October 17, 2003 ) Attorney Docket No.: 74445/002  
)  
Entitled: EXERCISE RESISTANCE )  
)

SUBSTITUTE FORMAL DRAWINGS

Please enter the enclosed six (6) sheets of substitute drawings complying with 37 C.F.R. §1.84 into the record of the above-referenced patent application. These figures are submitted to replace the three (3) sheets filed on March 16, 2004. The March filing inadvertently omitted three entire sheets of figures. No new matter is introduced by this submission as informal drawings matching the present formal drawings were submitted with the application as originally filed on October 17, 2003.

Applicant's undersigned attorney may be reached in St. Louis, MO by telephone at 314.480.1872 (direct dial number) or by facsimile at 314.480.1505.

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